

Luke 6:1-16
THE LORD OF THE SABBATH



Key Verse:

Then [Jesus] said to them, "The Son of Man is lord of the sabbath."
Luke 6:5

The Point:

The Sabbath is for rest and helping others.

Making Connections:

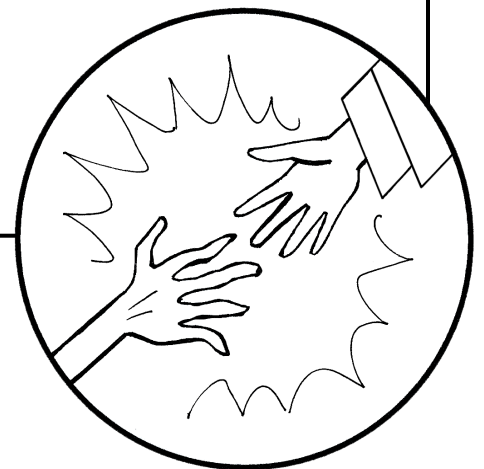
Revelation of the Son of Man

Bible Nuts & Bolts:

Names of Jesus

Spiritual Practice:

Worship



BACKGROUND

Making Connections

In last week's lesson, we saw Jesus calling his first disciples: fishermen who were willing to give up everything and follow him. This move was surprising, as rabbis did not usually call their followers from tradesmen but instead from scholars. Jesus continues to surprise people in his ministry in today's lesson. He challenges the more traditional understanding of the Sabbath by serving others (and therefore doing work) on the Sabbath.

Story Summary:

The Lord of the Sabbath

On a Sabbath day, Jesus and his disciples were walking through a field of grain. They picked the grain and ate it. The Pharisees call this out as unlawful, claiming that they should not be working on the Sabbath. Jesus defends this act by referring to a story of King David acting in a time of need. Jesus declares "the Son of Man is Lord of the Sabbath" (Luke 6:5).

On another Sabbath, Jesus stops his teaching in order to heal a man. Scripture points out that Jesus is aware of the Pharisees in the synagogue who will challenge this decision. Jesus challenges them by asking if they should do good and heal even though it is the Sabbath, or do nothing and cause harm. He makes the choice to do good and to heal. This causes more frustration and confusion on the part of the Pharisees.

Jesus then goes to a mountain to pray for the night. The next day, he announces that from among all of his followers, he has chosen twelve disciples. These disciples, or apostles, are Simon

Peter, Andrew, James, John, Philip, Bartholomew, Matthew, Thomas, James son of Alpheus, Simon the Zealot, Judas son of James, and Judas Iscariot.

The Point

Jesus teaches us the Sabbath is for rest and service to others. It is easy to get focused on rules and the way we have always done things. In today's Scripture, as throughout his ministry, Jesus reminds us that the important thing is to love and care for each other, and that in doing this, we are honoring God.

Bible Nuts & Bolts:

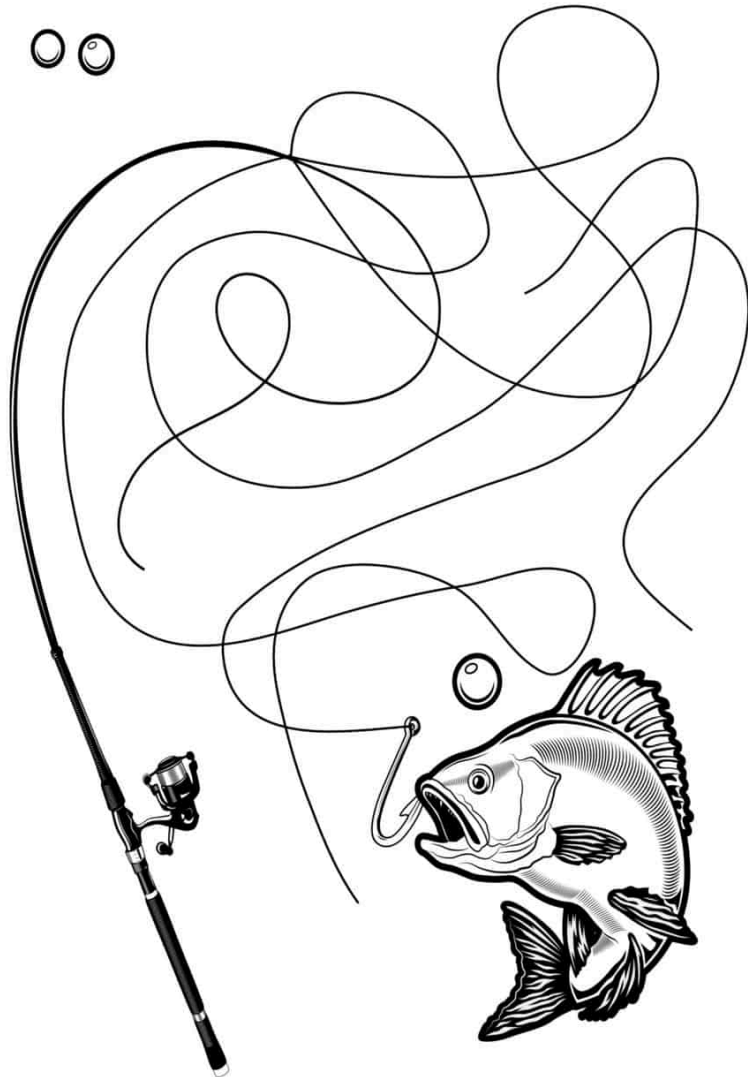
Names of Jesus

Jesus has many names and titles from the Bible. Jesus' name is the Greek form of the Hebrew name *Yeshua* which means "God saves." Jesus is also called Emmanuel (or Immanuel) which means "God is with us." He is called Messiah and Christ which both mean "anointed one." There are many other names for Jesus as well. The Bible also uses metaphors to describe Jesus. Metaphors are words or phrases that are used to compare one thing to another. The Bible says that Jesus is like a shepherd, a mother hen, a vine, and a lamb.

Spiritual Practice: Worship

With today's focus on the idea of sabbath, we look at worship as an integral part of the sabbath experience. How does being in worship with our community help us to pause, refocus, and honor God?

WHICH LINE CAUGHT THE FISH



Jesus Heals on the Sabbath

When Jesus saw her, he called her forward and said to her, "Woman, you are set free from your infirmity." Then he put his hands on her, and immediately she straightened up and praised God. Luke 13:12-13

Each number represents a letter of the alphabet. Substitute the correct letter for the numbers to reveal the coded words.



1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26
T	X	E	Y	C	O	W	L	J	V	H	D	Q	P	U	G	S	R	K	M	N	I	B	A	F	Z

- 25-18-3-3 _____
- 23-3-21-1 _____
- 17-1-18-24-22-16-11-1 _____
- 11-4-14-6-5-18-22-1-3 _____
- 17-24-23-23-24-1-11 _____
- 5-18-22-14-14-8-3-12 _____
- 7-6-20-24-21 _____
- 11-3-24-8-3-12 _____

CRIPPLED	WOMAN	HYPOCRITE	BENT
SABBATH	STRAIGHT	HEALED	FREE

Jesus Heals on the Sabbath

When Jesus saw her, he called her forward and said to her, "Woman, you are set free from your infirmity." Then he put his hands on her, and immediately she straightened up and praised God. Luke 13:12-13

Based on Luke 13:10-17



K N X W B T X D H O B P F K C
 H J P S O G E C P H F O T M R
 P Y Y T K E W A F E A N Q F I
 E A P V Z J S B C R E N P V P
 D Q G O A Y T E S H E A D V P
 D F N O C L R N D O I E K S L
 L S T C D R A T W Z Q N F K E
 Z B Y O Y K I Q N R S H G I D
 U N G N O G G T N U T I I N F
 L I S L A T H T E A U O X T D
 Q E N E T G T G B S I U S C C
 P R A I S E O B K E M U S P O
 T W O M A N A G R N S V W Q X
 R L Y F Q S H O U E H V P A Q
 Q Y H R R W R F J E C K M M F

SIX	WOMAN	HANDS	BENT	DAYS
CRIPPLED	HYPOCRITES	SABBATH	SYNAGOGUE	PRAISE
TEACHING	STRAIGHT	FREE	GOD	JESUS





Jesus Calls His Followers

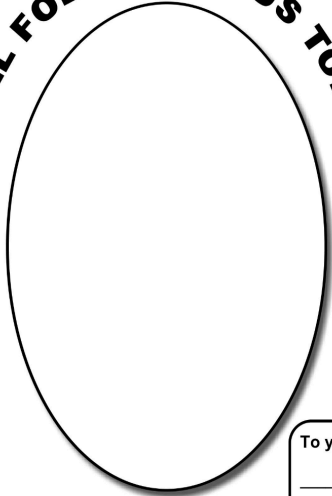


Luke 5:1-11; 6:13-16

In the oval below, draw a picture of yourself if you want to be a follower of Jesus! In the stars, write words that describe some of the disciples who followed Jesus in our lesson.

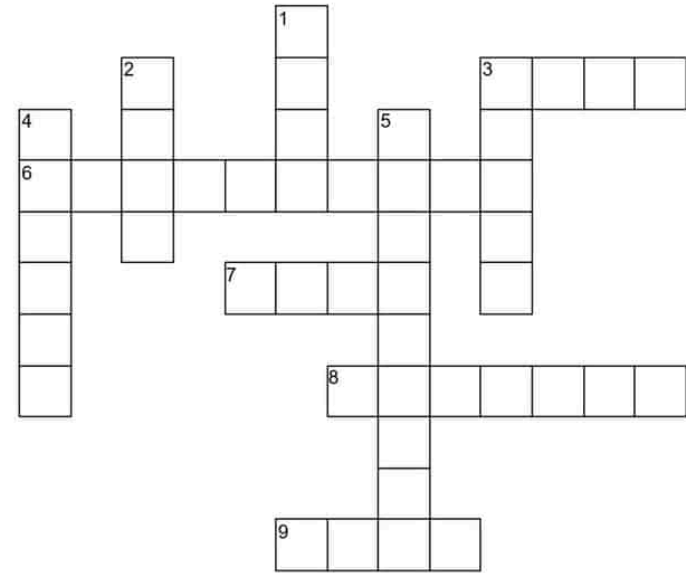
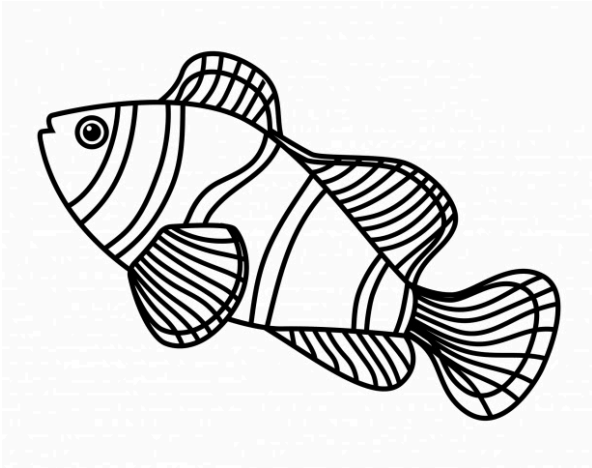


I WILL FOLLOW JESUS TODAY!



To you, what makes a good disciple?

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ACROSS

- 3 The fishermen were washing their _____.
- 6 They left _____ and followed Jesus.
- 7 When the fishermen obeyed Jesus, they caught a great multitude of _____.
- 8 Simon and Andrew were _____.
- 9 The boats were so full of fish they began to _____.

DOWN

- 1 Jesus spoke to the crowd from Simon's _____.
- 2 Jesus told them to fish in the _____ waters.
- 3 The fishermen didn't catch any fish all _____.
- 4 Jesus invited them to follow him and fish for _____.
- 5 Simon, Andrew, James and John worked as _____.



MY SABBATH PLAN

Make space in life for the holy.

Do I think of Sunday as my Sabbath day? Yes No

What is the most important part of the Sabbath?

Here is how I think I should spend my Sabbath:

	What will I do? Rest? Serve? Worship?	Is this something I do by myself or with others? If others, who?
7:00am		
8:00am		
9:00am		
10:00am		
11:00am		
12 noon		
1:00pm		
2:00pm		
3:00pm		
4:00pm		
5:00pm		
6:00pm		
7:00pm		
8:00pm		
9:00pm		



THE STORY @ HOME

**KIDS
3RD-6TH**

NL

Living the Word: Teaching Kids God's Story

Narrative Lectionary, Year 3 (2024-2025)

Luke 6:1-16

LAST WEEK

Jesus teaches a crowd from Simon's boat and then gives Simon and his partners a miraculous catch of fish. Jesus calls Simon, James, and John to follow him and catch people rather than fish (Luke 5:1-11).

THIS WEEK

Some religious leaders challenge Jesus about following the rules on the Sabbath, a day of rest. Jesus reminds them that the Sabbath is a gift for us, not just a set of rules to follow (Luke 6:1-16).

THE POINT

Jesus teaches us the Sabbath is for rest and service to others.

STORY SUMMARY

The Lord of the Sabbath

In the Bible, the Sabbath is the last day of the week. In the Ten Commandments, God commanded that the people rest and not do any work. The Pharisees were a group of Jewish leaders who thought it was very important to follow all of the rules in Scripture. Some of those rules were about what you can or cannot do on the Sabbath. In our passage today, Jesus and the Pharisees come into conflict twice about the Sabbath, first when Jesus' disciples pick some grain as they are walking through a field and the second when Jesus heals a man's hand. Jesus declares that he is the Lord of the Sabbath and that it is better to heal on that day than to harm.

NEXT WEEK

A Roman commander comes to Jesus asking him to heal his servant by giving the command from far away, which Jesus does. Soon after, Jesus raises a dead man so he can take care of his mother (Luke 7:1-17).

BIBLE NUTS & BOLTS

Names of Jesus

Jesus has many names and titles in the Bible. "Jesus" is from the Hebrew name *Yeshua* which means "God saves." He is also called Emmanuel which means "God is with us." He is called Messiah and Christ which both mean "anointed one." The Bible also uses metaphors to describe Jesus. Metaphors are words or phrases that are used to compare one thing to another. The Bible says that Jesus is like a shepherd, a mother hen, a vine, and a lamb.

PRACTICE: WORSHIP

With today's focus on the idea of sabbath, we look at worshipping together as an integral part of the sabbath experience. How does worshipping with our community help us to pause, refocus, and honor God? Come up with a plan for your family to observe the sabbath this week.

Family Discussions

Use the questions below or other questions you think of to discuss today's Scripture reading (listed above) with your family.

- ✚ Where do you see the message that "It is GOOD" in this Scripture?
- ✚ What does this Scripture have to do with our lives today?
- ✚ What part of this Scripture is the most interesting to you? Why?

Family Devotions

As you hear and study these stories each week, consider what God has to say to you and your family. What is God's message to us? How should we respond?

Sunday—Read Luke 6:1-16

Jesus continues to challenge people with his ministry, this time focusing on what it means to keep the Sabbath. Reflect on what your family does and could do to remember the Sabbath keep it holy.

Monday—Read Deuteronomy 5:12-15

God commands us to keep the Sabbath holy, and clarifies that this is not just for the elite or powerful, but for all people. Together, think of someone you know who works very hard, and write them a note of appreciation.

Tuesday—Read Luke 6:17-19

Jesus heals not just those who ask, but all in the crowd who came to hear him and were in need. Prepare a first aid kit to go in your car, or another place where it would come in handy.

Wednesday—Read Luke 6:20-26

This is Luke's version of the Beatitudes, giving hope to people who have been mistreated. Talk with your family about a situation that was hard for you and how you were able to support each other and feel God's love through it.

Thursday—Read Luke 6:27-36

Jesus challenges and encourages us to love our enemies, and to repay their bad acts with acts of kindness and love. Share times when you were successful at this challenge—or when you were not—and what you learned from that experience.

Friday—Read Luke 6:37-45

Do not judge one another, but be willing to see yourself for what you are, and to improve. Find a mirror to look in together. What qualities we can see in the mirror? Talk about what important parts of who we are we cannot see from the outside.

Saturday—Read Luke 6:46-49

Jesus tells people that their faith is like a house, needing a solid and sure foundation. Using dominoes or cards or other building materials, build houses and see which can stand up to more stress.